



NEWSLETTER & DEVOTIONAL GUIDE

34th Week after Pentecost

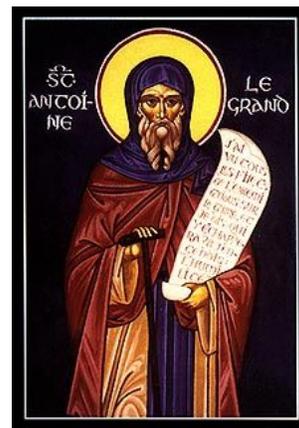
Monday, January 25 — Sunday, January 31, 2021



Martyr Tatiana of Rome, and those who suffered with Her



Leavetaking of the Theophany of our Lord and Savior Jesus Christ



Venerable and God-bearing Father Anthony the Great

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~ A NOTE FROM FATHER JOHN ~

We can learn so much by studying the lives of Saints. Today and everyday there is the life of a great Christian who exemplifies the way we should conduct ourselves. Today we heard the the life of Great Martyress Tatiana the Roman. She suffered greatly but never let the pain she was going through deter her from following Jesus Christ. There is always something to glean from the lives of the daily Saints we encounter. Study, read and pray 😊

Christ is Baptized:

In the Jordan!

~ “TWITTER SUMMARY” ~

The main points from Sunday’s sermon, in 280 characters or less!

We need to take responsibility for our sins and bring them to confession in repentance. It is not for us to worry about other people’s sins, but for our own. A life of repentance will help us to bring light to the darkness of the fallen world.

~ THOUGHTS FOR EVERY DAY ~

Scripture and liturgical readings to enrich your prayer life every day of the week

<p align="center">~ MONDAY~ (1/25)</p> <p>Holy Scripture: Hebrews 8:7-13 Mark 8:11-21</p> <p>Excerpt from the Menaion: Kontakion of the Martyr Tatiana of Rome, Tone IV, "Thou hast appeared today" — Thou didst shine forth radiantly in thy suffering,/ O passion-bearer, adorned with thy blood,/ and like a beautiful turtle-dove thou hast soared aloft/ to the heavens, O Tatiana.// Wherefore, pray thou ever for those who honor thee.</p> <p>Commemoration of the Day: Martyr Tatiana of Rome (226-235) St. Sava I, first archbishop of Serbia (1235)</p>	<p align="center">~ TUESDAY~ (1/26)</p> <p>Holy Scripture: Hebrews 9:8-10, 15-23 Mark 8:22-26</p> <p>Excerpt from the Menaion: Holy Martyrs Hermylus & Stratonicus, Troparion, Tone IV — In their sufferings, O Lord,/ Thy martyrs received imperishable crowns from Thee our God;/ for, possessed of Thy might,/ they set at nought the tormentors and crushed the feeble audacity of the demons.// By their supplications save Thou our souls.</p> <p>Commemoration of the Day: Martyrs Hermylus and Stratonicus at Belgrade (315)</p>
<p align="center">~ WEDNESDAY~ (1/27)</p> <p>Holy Scripture: Hebrews 10:1-18 Mark 8:30-34</p> <p>Excerpt from the Menaion: Apodosis of Theophany, Troparion of the feast — When Thou, O Lord, wast baptized in the Jordan,/ the worship of the Trinity was made manifest;/ for, the voice of the Father bare witness unto Thee,/ calling Thee His beloved Son;/ and the Spirit in the form of a dove/ confirmed the certainty of His word./ O Christ our God, Who hast appeared and enlightened the worlds,// glory be to Thee!</p> <p>Commemoration of the Day: Apodosis of the Theophany</p>	<p align="center">~ THURSDAY~ (1/28)</p> <p>Holy Scripture: Hebrews 10:35-11:7 Mark 9:10-16</p> <p>Excerpt from the Menaion: Ss. Paul of Thebes & John the Hut-Dweller, Troparion, Tone IV — O God of our fathers,/ deal with us ever according to Thy meekness./ Deprive us not of Thy mercy,/ but through their supplications// direct our life in peace.</p> <p>Commemoration of the Day: St. Paul of Thebes, Egypt (341), and St. John Calabytes ("Hut-dweller") of Constantinople, monks (450)</p>

~ FRIDAY ~
(1/29)

Holy Scripture:

Hebrews 11:8,11:16
Mark 9:33-41

Excerpt from the Menaion:

The Veneration of the Precious Chains of the Holy Pre-eminent Apostle Peter, Troparion, Tone IV —

Without leaving Rome thou art come to us in the precious chains which thou didst bear, O first-enthroned of the apostles; and, bowing down before them with faith we pray: through thy supplications unto God grant us great mercy!

Commemoration of the Day:

Veneration of the Precious Chains of the Holy and All-glorious Apostle Peter

~ SATURDAY ~
(1/30)

Holy Scripture:

Hebrews 13:17-21 Venerable Anthony
Luke 6:17-23 Venerable Anthony

Excerpt from the Menaion:

St. Anthony the Great, Troparion, Tone IV —

Emulating the demeanor of the zealous Elijah, and following the Baptist with forthright steps, O father Anthony, thou wast a dweller in the desert, and hast made the whole world steadfast by thy supplications. Wherefore, entreat Christ God, that our souls be saved.

Commemoration of the Day:

Venerable Anthony the Great (356)

~ SUNDAY ~
(1/31)

Holy Scripture:

Colossians 3:12-16
Luke 18:18-27

Excerpt from the Menaion :

Ss. Athanasius & Cyril, Archbishops of Alexandria, Troparion, Tone IV —

O God of our fathers,/ deal with us ever according to Thy meekness./ Deprive us not of Thy mercy,/ but through their supplications// direct our life in peace.

Commemoration of the Day:

St. Athanasius the Great (373) and St. Cyril (444), archbishops of Alexandria

“Their sound hath gone forth into all the earth, their words unto the ends of the world.”

[Prokeimenon of Pentecost, Tone 8, Liturgy]

To read more:

<https://www.holytrinityorthodox.com/calendar/>

~ PONDER THIS ~

A few thoughts to ponder in light of this week's lessons and sermons.

Venerable Anthony the Great

<https://stjohndc.org/en/list-of-relics/anthony-great-venerable>

Saint Anthony went into the desert alone. The devil tried to hinder him, by placing a large silver disc in his path, then gold, but the saint ignored it and passed by. He found an abandoned fort on the other side of the river and settled there, barricading the entrance with stones. His faithful friend brought him bread twice a year, and there was water inside the fort.

Saint Anthony spent twenty years in complete isolation and constant struggle with the demons, and he finally achieved perfect calm. The saint's friends removed the stones from the entrance, and they went to Saint Anthony and besought him to take them under his guidance. Soon Saint Anthony's cell was surrounded by several monasteries, and the saint acted as a father and guide to their inhabitants, giving spiritual instruction to all who came into the desert seeking salvation. He increased the zeal of those who were already monks, and inspired others with a love for the ascetical life. He told them to strive to please the Lord, and not to become faint-hearted in their labors. He also urged them not to fear demonic assaults, but to repel the Enemy by the power of the Life-Creating Cross of the Lord.

~LOOK IT UP~

Did you know: For three centuries the chains of the Holy and All-glorious Apostle Peter were kept in Jerusalem, and those who were afflicted with illness and approached them with faith received healing. Patriarch Juvenal (July 2) presented the chains to Eudokia, wife of the emperor Theodosius the Younger, and she in turn transferred them from Jerusalem to Constantinople in either the year 437 or 439.

Read more:

<https://www.oca.org/saints/lives/2021/01/16/100202-veneration-of-the-precious-chains-of-the-holy-and-all-glorious-a>

To submit **commemorations for the next Divine Liturgy**, to make an appointment with Fr. John to give **confession by telephone**, to alert us to any pastoral needs, to submit an item for the **Prayer Corner**, or just to chat, please contact Fr. John or Mat. Deborah using the following contact information:

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Glory to Thee, our God, glory to Thee!